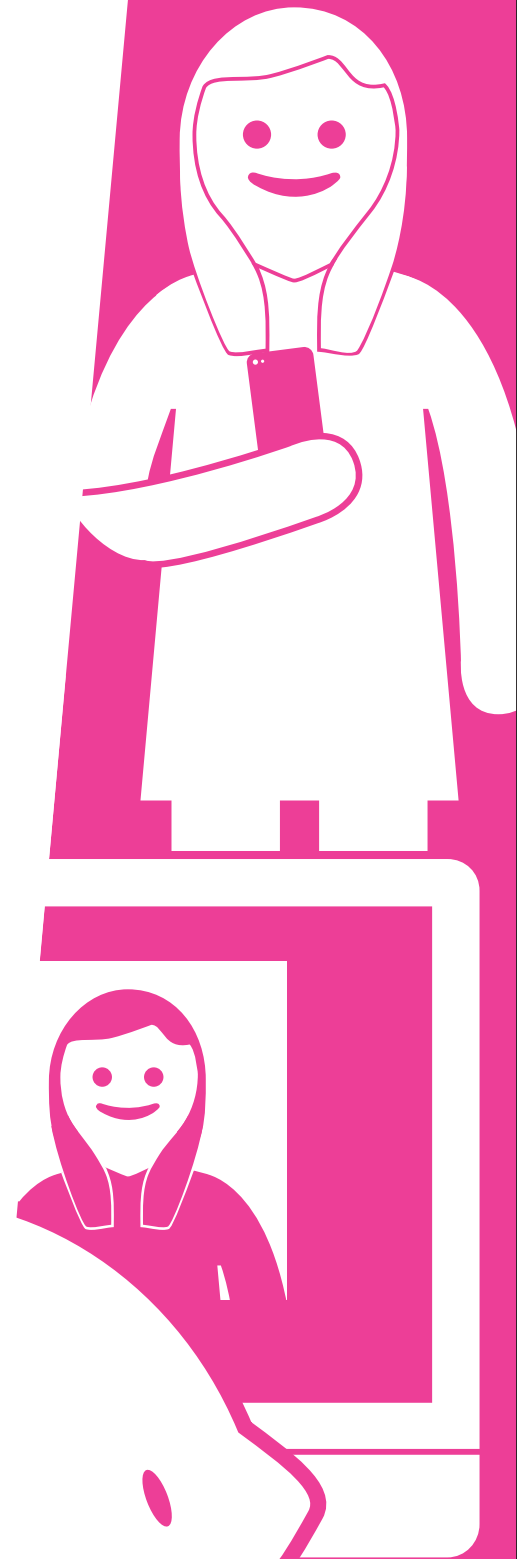


Online safety for teenagers

Teenagers may be experts on using the internet, but they still need guidance and protection. To help keep them safe, make sure you continue talking about what they are doing online.

- ✓ Discuss and agree your expectations before you allow them to join a social networking site. Check the minimum age requirements.
- ✓ Talk to them about the dangers of oversharing information about themselves that they might then regret – teach them to think before they post.
- ✓ Encourage them to check the policies and privacy settings on any sites and services they use.
- ✓ Remind your child that the same rules apply online as they do at home and at school, eg they shouldn't post anything they wouldn't say face-to-face.
- ✓ Find out what the school's policy is on mobile phone use at school.
- ✓ Ask how the school is teaching pupils about online safety issues.
- ✓ Check your child knows how to report abuse or block contacts.
- ✓ Discuss the use of parental controls.



For more help and advice visit
www.nspcc.org.uk/onlinesafety
or contact the NSPCC **helpline** on
0808 800 5000 to discuss any concerns

Online safety for primary school children

As your child gets older, and technology changes, make sure you continue talking about what they are doing online and how to stay safe.

- ✓ Talk about what they do online, what sites they visit and their favourite websites.
- ✓ Discuss safety rules and how much personal information they should share online.
- ✓ Make sure your child knows what to do if anything upsets them online and reassure them that they can come to you.
- ✓ Check who your child is playing online games with and that your child knows what information they can share with others.
- ✓ Use parental controls across all of the devices that your children have access to.
- ✓ Set 'Safety Mode' up on YouTube to help filter out explicit content.
- ✓ If you use Google, turn on Google '**Safe Search**' to filter sexually explicit content from your search results.



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Cruelty to children must stop. **FULL STOP.**