



# MENU

**WEEK 1**

**V = VEGETARIAN VE = VEGAN**

**MONDAY**

## BREAKFAST

- POWERBALLS **V**
- SAVOURY BREAKFAST MUFFIN  
Bacon / Egg / Veg Sausage **VE**
- YOGHURT & GRANOLA **V**

## MID-MORNING

- DIRTY VEGGIE WEDGES **V**
- MARGHERITA PIZZA **V**
- LOADED NACHOS **V**
- PANINI / BAGUETTE

## LUNCH

- HALLOUMI BURGER WITH SRIRACHA SLAW & JACKET WEDGES **V**
- MAC N' CHEESE **V**
- JACKET BAR**
- 
- CHOCOLATE & KALE BROWNIE **VE**
- DESSERT SPECIAL **V**  
Fruit / Jelly / Yoghurt

**TUESDAY**

- POWERBALLS **V**
- PORRIDGE BAR **V**
- TOASTED BAGEL **V**  
Plain / Cream Cheese or Melted Cheese
- BREAKFAST HOT POT
- CINNAMON SWIRL **V**

- DIRTY WEDGES  
Meat / Roast Vegetables **V**
- CIABATTA PIZZA **V**
- BREAKFAST WRAPS
- HUMMUS BAR **V**  
3 kinds
- PANINI / BAGUETTE

- PERI PERI CHICKEN  
With Spicy Rice & Minted Peas
- FALAFEL & HUMMUS RICE BOWL WITH SALAD **V**
- CHICKEN GYROS  
With Bean Salad & Sriracha Slaw
- CURRY BAR**
- 
- MARBLE BERRY CAKE **V**
- DESSERT SPECIAL **V**  
Fruit / Jelly / Yoghurt

**WEDNESDAY**

- POWERBALLS **V**
- PORRIDGE BAR **V**
- SAVOURY BREAKFAST MUFFIN  
Bacon / Veg sausage **VE**
- BREAKFAST WRAP
- YOGHURT & GRANOLA **V**
- CINNAMON SWIRL **V**

- SOUP **V**
- DIRTY VEGGIE WEDGES **V**
- CARBONARA PIZZA
- FALAFEL & HUMMUS CIABATTA **V**
- HOT CHICKEN WRAP
- PANINI / BAGUETTE

- CHICKEN CARVERY ROAST 3 WAYS  
Lemon / Tandoori / Plain with Roast Potatoes, Gravy & Seasonal Vegetables
- QUORN ROAST **V**  
With Roast Potatoes, Gravy & Seasonal Vegetables
- MEATBALL SUB
- PASTA BAR**
- 
- FRUIT SHORTBREAD **V**
- DESSERT SPECIAL **V**  
Fruit / Jelly / Yoghurt

**THURSDAY**

- POWERBALLS **V**
- PORRIDGE BAR **V**
- TOASTED BAGEL **V**  
Plain / Cream Cheese / Melted Cheese
- BREAKFAST HOT POT
- CINNAMON SWIRL **V**

- DIRTY WEDGES  
Meat / Roast Vegetables **V**
- PIZZA NAAN **V**
- SLOPPY GIUSEPPE
- HUMMUS BAR **V**  
3 kinds
- PANINI / BAGUETTE

- CHICKEN KATSU CURRY  
With Rice & Mixed Pepper Sriracha Slaw
- AUBERGINE AND PEPPER KATSU CURRY TRAY BAKE **V**
- PASTA BOLOGNESE POT
- JACKET BAR**
- 
- LEMON DRIZZLE CAKE **V**
- DESSERT SPECIAL **V**  
Fruit / Jelly / Yoghurt

**FRIDAY**



- POWERBALLS **V**
- PORRIDGE BAR **V**
- SAVOURY MUFFIN  
Egg / Bacon / Vegan Sausage **VE**
- BREAKFAST HOT POT
- FULL ENGLISH FRIDAY

- SOUP **V**
- DIRTY VEGGIE WEDGES **V**
- PIZZA TWIST
- LOADED NACHOS **V**
- CINNAMON SWIRL **V**
- PANINI / BAGUETTE

- FISH & CHIPS  
With Peas & Baked Beans served with Curry Sauce / Ketchup / Tartar Sauce
- VEGAN SAUSAGE ROLL WITH CHIPS **VE**  
With Peas & Baked Beans served with Sriracha Ketchup or Curry Sauce
- FISH FINGER SOFT TACO  
With Chips, Peas and Baked Beans served with Ketchup/Tartare / Curry Sauce
- PASTA BAR**
- 
- FRUIT MUFFIN **V**
- DESSERT SPECIAL **V**  
Fruit / Jelly / Yoghurt

Fresh vegetables & fruit served daily.

# MENU





**WEEK 2**


**V = VEGETARIAN VE = VEGAN**

	<b>BREAKFAST</b>	<b>MID-MORNING</b>	<b>LUNCH</b>
<b>MONDAY</b>	<p><b>POWERBALLS V</b></p> <p><b>SAVOURY BREAKFAST MUFFIN</b> Bacon / Egg / Veg Sausage <b>VE</b></p> <p><b>YOGHURT &amp; GRANOLA V</b></p>	<p><b>MARGHERITA PIZZA V</b></p> <p><b>LOADED NACHOS V</b></p> <p><b>PANINI / BAGUETTE</b></p>	<p><b>ROASTED VEGETABLE &amp; PESTO PASTA BAKE V</b></p> <p><b>QUORN FISHLESS FINGER WRAP</b> With Coleslaw <b>V</b></p> <p><b>JACKET BAR</b></p> <p>-----</p> <p><b>CHOCOLATE CRISPY CAKE V</b></p> <p><b>DESSERT SPECIAL V</b> Fruit / Jelly / Yoghurt</p>
<b>TUESDAY</b>	<p><b>POWERBALLS V</b></p> <p><b>PORRIDGE BAR V</b></p> <p><b>TOASTED BAGEL V</b> Plain / Cream Cheese or Melted Cheese</p> <p><b>BREAKFAST HOT POT</b></p> <p><b>CINNAMON SWIRL V</b></p>	<p><b>BREAKFAST MUFFIN V</b></p> <p><b>PIZZA MUFFIN / BAGEL V</b></p> <p><b>BREAKFAST WRAPS</b></p> <p><b>HUMMUS BAR V</b> 3 kinds</p> <p><b>PANINI / BAGUETTE</b></p>	<p><b>CHICKEN RENDANG</b> With Rice</p> <p><b>ROASTED BUTTERNUT SQUASH &amp; MOZZARELLA TRAY BAKE V</b></p> <p><b>CHIPOTLE CHICKEN &amp; SWEET POTATO BOWL</b></p> <p><b>CURRY BAR</b></p> <p>-----</p> <p><b>FLAPJACK V</b></p> <p><b>DESSERT SPECIAL V</b> Fruit / Jelly / Yoghurt</p>
<b>WEDNESDAY</b>	<p><b>POWERBALLS V</b></p> <p><b>PORRIDGE BAR V</b></p> <p><b>SAVOURY BREAKFAST MUFFIN</b> Bacon / Veg sausage <b>VE</b></p> <p><b>BREAKFAST WRAP</b></p> <p><b>YOGHURT &amp; GRANOLA V</b></p> <p><b>CINNAMON SWIRL V</b></p>	<p><b>BREAKFAST MUFFIN V</b></p> <p><b>MARGHERITA PIZZA V</b></p> <p><b>SLOPPY GIUSEPPE</b></p> <p><b>HUMMUS BAR V</b> 3 kinds</p> <p><b>PANINI / BAGUETTE</b></p>	<p><b>CHICKEN CARVERY ROAST 3 WAYS</b> Lemon / Tandoori / Plain with Roast Potatoes, Gravy &amp; Seasonal Vegetables</p> <p><b>BBQ QUORN MELT V</b> With Wedges &amp; Coleslaw</p> <p><b>HALLOUMI &amp; HUMMUS GYROS V</b></p> <p><b>JACKET BAR</b></p> <p>-----</p> <p><b>AUTUMNAL ICED LOAF V</b></p> <p><b>DESSERT SPECIAL V</b> Fruit / Jelly / Yoghurt</p>
<b>THURSDAY</b>	<p><b>POWERBALLS V</b></p> <p><b>PORRIDGE BAR V</b></p> <p><b>TOASTED BAGEL V</b> Plain / Cream Cheese / Melted Cheese</p> <p><b>BREAKFAST HOT POT</b></p> <p><b>CINNAMON SWIRL V</b></p>	<p><b>SOUP V</b></p> <p><b>PANINI / BAGUETTE</b></p> <p><b>PIZZA TURNOVER V</b></p> <p><b>LOADED NAAN</b></p> <p><b>HUMMUS BAR V</b> 3 kinds</p> <p><b>PANINI / BAGUETTE</b></p>	<p><b>HARISSA SPICED COTTAGE PIE</b></p> <p><b>TERIYAKI NOODLES</b> With Broccoli, Carrots and Mangetout <b>V</b></p> <p><b>CHICKEN TANDOORI NAAN</b> With Sriracha Slaw</p> <p><b>PASTA BAR</b></p> <p>-----</p> <p><b>BANANA OATBAR V</b></p> <p><b>DESSERT SPECIAL V</b> Fruit / Jelly / Yoghurt</p>
<b>FRIDAY</b>	<p><b>POWERBALLS V</b></p> <p><b>PORRIDGE BAR V</b></p> <p><b>SAVOURY MUFFIN</b> Egg / Bacon / Vegan Sausage <b>VE</b></p> <p><b>BREAKFAST HOT POT</b></p> <p><b>FULL ENGLISH FRIDAY</b></p>	<p><b>SOUP V</b></p> <p><b>DIRTY JACKETS</b> With Roast Vegetables <b>V</b></p> <p><b>MARGHERITA PIZZA V</b></p> <p><b>LOADED NACHOS V</b></p> <p><b>PANINI / BAGUETTE</b></p>	<p><b>FISH &amp; CHIPS</b> With Peas &amp; Baked Beans served with Curry Sauce / Ketchup / Tartar Sauce</p> <p><b>VEGGIE SAMOSA V</b> With Chips and Curry Sauce</p> <p><b>TERIYAKI SALMON &amp; RICE BOWL</b></p> <p><b>JACKET BAR</b></p> <p>-----</p> <p><b>ORANGE DRIZZLE CAKE</b></p> <p><b>DESSERT SPECIAL V</b> Fruit / Jelly / Yoghurt</p>

Fresh vegetables & fruit served daily.



# MENU



## WEEK 3

V = VEGETARIAN VE = VEGAN

	BREAKFAST	MID-MORNING	LUNCH
<b>MONDAY</b>	<b>POWERBALLS V</b> <b>SAVOURY BREAKFAST MUFFIN</b> Bacon / Egg / Veg Sausage <b>VE</b> <b>YOGHURT &amp; GRANOLA V</b>	<b>DIRTY VEGGIE WEDGESV</b> <b>MARGHERITA PIZZA V</b> <b>LOADED NACHOS V</b> <b>PANINI / BAGUETTE</b>	<b>NO CHICKEN TIKKA NAAN WRAP V</b> <b>VEGAN PAD THAI VE</b> <b>PASTA BAR</b> ----- <b>CARROT CAKE V</b> <b>DESSERT SPECIAL V</b> Fruit / Jelly / Yoghurts
<b>TUESDAY</b>	<b>POWERBALLS V</b> <b>PORRIDGE BAR V</b> <b>TOASTED BAGEL V</b> Plain / Cream Cheese or Melted Cheese <b>BREAKFAST HOT POT</b> <b>CINNAMON SWIRL V</b>	<b>DIRTY WEDGES</b> Meat / Roast Vegetables <b>V</b> <b>CIABATTA PIZZA V</b> <b>BREAKFAST WRAPS</b> <b>HUMMUS BAR V</b> 3 kinds <b>PANINI / BAGUETTE</b>	<b>TERIYAKI CHICKEN</b> With Mixed Vegetables and Rice <b>CURRIED ROASTED CAULIFLOWER &amp; CHICKPEA TRAY BAKE V</b> <b>BEEF BOLOGNESE &amp; PASTA POT</b> <b>JACKET BAR</b> ----- <b>APPLE SHORTBREAD V</b> <b>DESSERT SPECIAL V</b> Fruit / Jelly / Yoghurt
<b>WEDNESDAY</b>	<b>POWERBALLS V</b> <b>PORRIDGE BAR V</b> <b>SAVOURY BREAKFAST MUFFIN</b> Bacon / Veg sausage <b>VE</b> <b>BREAKFAST WRAP</b> <b>YOGHURT &amp; GRANOLA V</b> <b>CINNAMON SWIRL V</b>	<b>SOUP V</b> <b>DIRTY VEGGIE WEDGES V</b> <b>CARBONARA PIZZA V</b> <b>HOT CHICKEN WRAP</b> <b>FALAFEL &amp; HUMMUS CIABATTA V</b> <b>PANINI / BAGUETTE</b>	<b>PHILLY CHEESESTEAK</b> With Wedges & Gravy Pot <b>VEGAN SAUSAGE</b> With Roasted Vegetables & Mash <b>VE</b> <b>BBQ OR HOT &amp; SPICY CHICKEN WINGS</b> With Wedges & Sweetcorn Salad <b>PASTA BAR</b> ----- <b>LIME &amp; COCONUT DRIZZLE V</b> <b>DESSERT SPECIAL V</b> Fruit / Jelly / Yoghurt
<b>THURSDAY</b>	<b>POWERBALLS V</b> <b>PORRIDGE BAR V</b> <b>TOASTED BAGEL V</b> Plain / Cream Cheese / Melted Cheese <b>BREAKFAST HOT POT</b> <b>CINNAMON SWIRL V</b>	<b>DIRTY WEDGES</b> Meat / Roast Vegetables <b>V</b> <b>PIZZA NAAN V</b> <b>SLOPPY GIUSEPPE</b> <b>HUMMUS BAR V</b> 3 kinds <b>PANINI / BAGUETTE</b>	<b>BEEF LASAGNE</b> <b>VEGETABLE WELLINGTON</b> With Cheesy Jacket Wedges <b>V</b> <b>SWEET CHILLI CHICKEN NOODLES</b> <b>CURRY BAR</b> ----- <b>RASPBERRY &amp; COCONUT FLAPJACK V</b> <b>DESSERT SPECIAL V</b> Fruit / Jelly / Yoghurt
<b>FRIDAY</b>	<b>POWERBALLS V</b> <b>PORRIDGE BAR V</b> <b>SAVOURY MUFFIN</b> Egg / Bacon / Vegan Sausage <b>VE</b> <b>BREAKFAST HOT POT</b> <b>FULL ENGLISH FRIDAY</b>	<b>SOUP V</b> <b>DIRTY VEGGIE WEDGES V</b> <b>PIZZA TWIST V</b> <b>LOADED NACHOS V</b> <b>CINNAMON SWIRL V</b> <b>PANINI / BAGUETTE</b>	<b>FISH &amp; CHIPS</b> With Peas & Baked Beans served with Curry Sauce / Ketchup / Tartar Sauce <b>FISH GYROS &amp; CHIPS</b> <b>VEGGIE TACO V</b> With Chips and Salsa <b>JACKET BAR</b> ----- <b>CHOCOLATE CUSTARD POT V</b> <b>DESSERT SPECIAL V</b> Fruit / Jelly / Yoghurt

Fresh vegetables & fruit served daily.