**Curriculum Overview for Personal Development**

**Year 11**

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| **Half Term 1: My Next Steps and Resilience & Readiness**  **Substantive Knowledge:**  Post-16 options  Differences between post-16 options  Influences on the decision making for post-16 options  Process of decision making and transition to post-16  Key skills required for the 21st century job market  Potential effects of changes in the labour market  Future job trends effects  What is a CV  What makes a poor and excellent CV  What are employers looking for in a CV  How to effectively prepare for an interview  Why are some people selected over others for an interview or job  What are employability skills  Common causes of stress  Biological basis of stress  Usefulness of stress management strategies  Common causes of disappointment  Potential responses to disappointing situations  What advice to give when managing disappointment  How external factors can affect exam performance  How to create a personalised time management plan  Stress and anxiety management strategies  **Disciplinary Knowledge:**  Literacy skills  Analytical skills  Source analysis  Reading comprehension  Developing and sustaining argument  Empathy  Evaluating significance | Books | Whole class reading  Individuals read aloud  Opportunities for jump in reading for articles/source material.  Skim reading source material to look for key phrases/words |
| Speech | Options  Decision making  Labour market  21st Century  CV  Desirable  Employability  Interview  Stress  Biological  Disappointment  Reality  Management  Performance |
| Checklist RTL | Regular low stakes knowledge factual recall assessment/test  End of unit assessments  Ipsative assessment |
| Home | Documentary  Quiz  Article analysis |

*Half term 2 will be updated prior to the start of the new half term*