**Curriculum Overview for Personal Development**

**Year 7**

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| **Half Term 1: Identity and Healthy Relationship**  **Substantive Knowledge:**  What is a first impression  Factors that influence first impressions  What is identity  Factors that impact identity  Aspects that make up identity  What are personal values  What is self-esteem  What can affect self-esteem  What can promote self-esteem  Types of relationships  Features of a relationship  Behaviours within a healthy and unhealthy relationship  Different types of families  Different families’ expectations and practices  Ways to respond to familial disagreements  What is a friendship  What is assertive behaviour  How to respond to friendship issues  What is bullying  What are examples of bullying  What are the effects of bullying  Differences between bullying and friendly jokes  **Disciplinary Knowledge:**  Literacy skills  Analytical skills  Source analysis  Reading comprehension  Developing and sustaining argument  Empathy  Evaluating significance | Books | Whole class reading  Individuals read aloud  Opportunities for jump in reading for articles/source material.  Skim reading source material to look for key phrases/words |
| Speech | First impression  Factors  Values  Identity  Self-esteem  Characteristics  Relationship  Behaviours  Family  Disagreement  Friendship  Assertive  Bullying  Jokes |
| Checklist RTL | Regular low stakes knowledge factual recall assessment/test  End of unit assessments  Ipsative assessment |
| Home | Documentary  Quiz  Article analysis |

*Half term 2 will be updated prior to the start of the new half term*