**Curriculum Overview for Personal Development**

**Year 7**

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| **Half Term 1: Identity and Healthy Relationship****Substantive Knowledge:**What is a first impressionFactors that influence first impressionsWhat is identityFactors that impact identityAspects that make up identityWhat are personal valuesWhat is self-esteemWhat can affect self-esteemWhat can promote self-esteemTypes of relationshipsFeatures of a relationshipBehaviours within a healthy and unhealthy relationshipDifferent types of familiesDifferent families’ expectations and practicesWays to respond to familial disagreementsWhat is a friendshipWhat is assertive behaviourHow to respond to friendship issuesWhat is bullyingWhat are examples of bullyingWhat are the effects of bullyingDifferences between bullying and friendly jokes**Disciplinary Knowledge:**Literacy skillsAnalytical skillsSource analysisReading comprehensionDeveloping and sustaining argumentEmpathy Evaluating significance | Books | Whole class reading Individuals read aloud Opportunities for jump in reading for articles/source material.Skim reading source material to look for key phrases/words |
| Speech | First impressionFactorsValuesIdentitySelf-esteemCharacteristicsRelationshipBehavioursFamilyDisagreementFriendshipAssertiveBullyingJokes |
| Checklist RTL | Regular low stakes knowledge factual recall assessment/test End of unit assessmentsIpsative assessment |
| Home | DocumentaryQuizArticle analysis |

*Half term 2 will be updated prior to the start of the new half term*