

#### WEEK 1 **V = VEGETARIAN VE = VEGAN**

## BREAKFAST

**POWERBALLS** V

SAVOURY BREAKFAST MUFFIN Bacon / Egg / Veg Sausage VE YOGHURT & GRANOLA V

## MID-MORNING

**TANDOORI LOADED NAAN** 

#### LUNCH

DRY AUBERGINE CURRY WITH COUS COUS VE

MACARONI CHEESE V

BEAN EMPANADAS WITH SPICY SWEETCORN

SALAD V

DAILY TRAY BAKE SPECIAL

FRESH FRUIT AND YOGHURT **MOUSSE AND JELLY** 

**POWERBALLS** V PORRIDGE BAR V

**TOASTED BAGEL V** 

Plain / Cream Cheese or Melted Cheese

**BREAKFAST HOT POT CINNAMON SWIRL V** 

**LOADED NACHOS** 

SAUSAGE AND MASHED POTATOES WITH GRAVY

**VEGAN SAUSAGE, MASHED POTATOES AND** 

**GRAVY VE** 

CRISPY CHICKPEA NOODLES VE

DAILY TRAY BAKE SPECIAL FRESH FRUIT AND YOGHURT

**MOUSSE AND JELLY** 

**POWERBALLS** V

PORRIDGE BAR V

SAVOURY BREAKFAST MUFFIN

Bacon / Veg sausage VE **BREAKFAST WRAP** YOGHURT & GRANOLA V **CINNAMON SWIRL V** 

**SLOPPY GIUSEPPE** 

ROAST OF THE DAY WITH ROAST POTATOES,

STUFFING AND GRAVY

SWEET POTATO CHANA MASALA WITH BOMBAY

POTATOES VE

**TANDOORI WINGS WITH BOMBAY POTATOES** 

AND SLAW

**CINNAMON SPONGE** 

FRESH FRUIT AND YOGHURT

**POWERBALLS** V

PORRIDGE BAR V

**TOASTED BAGEL V** 

Plain / Cream Cheese / Melted Cheese

BREAKFAST HOT POT **CINNAMON SWIRL V** 

HOT CHICKEN WRAP

BEEF LASAGNE

KALE PESTO PASTA V

**JERK CHICKEN WITH RICE AND PEAS** 

DAILY TRAY BAKE SPECIAL FRESH FRUIT AND YOGHURT

MOUSSE AND JELLY

POWERBALLS V

PORRIDGE BAR V

**SAVOURY MUFFIN** 

Egg / Bacon / Vegan Sausage VE

**BREAKFAST HOT POT FULL ENGLISH FRIDAY**  **DIRTY VEGGIE WEDGES V** 

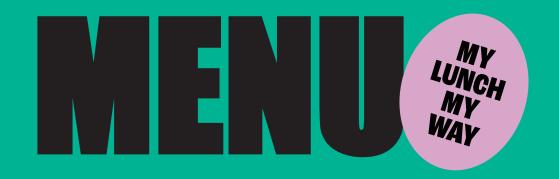
FISH BAR AND CHIPS

HALLOUMI GRANOLA GYROS V

FISH FINGER GYROS

DAILY TRAY BAKE SPECIAL FRESH FRUIT AND YOGHURT

MOUSSE AND JELLY



# WEEK 2 V = VEGETARIAN VE = VEGAN

MONDAY

**LUESDAY** 

WEDNESDAY

**THURSDAY** 

FRIDAY

# **BREAKFAST**

**POWERBALLS V** 

SAVOURY BREAKFAST MUFFIN
Bacon / Egg / Veg Sausage VE
YOGHURT & GRANOLA V

## **MID-MORNING**

**TANDOORI LOADED NAAN** 

## LUNCH

HALLOUMI BURGER WITH SLAW V
BUTTERNUT SQUASH AND CHICKPEA
TAGINE VE

**TERIYAKI NOODLES VE** 

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DAILY TRAY BAKE SPECIAL
FRESH FRUIT AND YOGHURT
MOUSSE AND JELLY

POWERBALLS V PORRIDGE BAR V

TOASTED BAGEL V
Plain / Cream Cheese or Melted Cheese

BREAKFAST HOT POT CINNAMON SWIRL V

**LOADED NACHOS** 

PIE BAR WITH MASHED POTATOES AND GRAVY

**VEGGIE BURRITO V** 

BIRRA PORK/CHICKEN SOFT NACHO

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DAILY TRAY BAKE SPECIAL FRESH FRUIT AND YOGHURT

**MOUSSE AND JELLY** 

POWERBALLS V
PORRIDGE BAR V

SAVOURY BREAKFAST MUFFIN

Bacon / Veg sausage VE
BREAKFAST WRAP

YOGHURT & GRANOLA V
CINNAMON SWIRL V

**SLOPPY GIUSEPPE** 

ROAST OF THE DAY WITH ROAST POTATOES,

STUFFING AND GRAVY

KALE AND BEAN HOTPOT WITH DUMPLINGS VE

PHILLY CHEESESTEAK WITH WEDGES AND

**SRIRACHA SLAW** 

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PLUM PUDDING

FRESH FRUIT AND YOGHURT

**POWERBALLS V** 

PORRIDGE BAR V

TOASTED BAGEL V

Plain / Cream Cheese / Melted Cheese

BREAKFAST HOT POT CINNAMON SWIRL V

HOT CHICKEN WRAP

CHEF'S SPECIAL CHICKEN CURRY AND RICE

PASTA PRIMAVERA VE

SWEET POTATO AND VEGETABLE JALFREZI

WITH RICE VE

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DAILY TRAY BAKE SPECIAL FRESH FRUIT AND YOGHURT

**MOUSSE AND JELLY** 

POWERBALLS V

PORRIDGE BAR V

**SAVOURY MUFFIN** 

Egg / Bacon / Vegan Sausage VE

BREAKFAST HOT POT

**FULL ENGLISH FRIDAY** 

DIRTY VEGGIE WEDGES V

FISH BAR AND CHIPS

**VEGAN SAUSAGE ROLL AND CHIPS VE** 

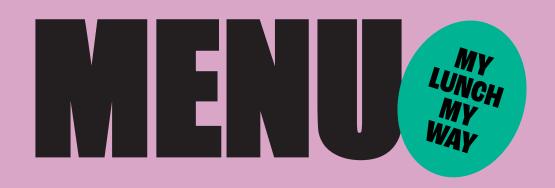
**SALMON KATSU CURRY WITH RICE OR CHIPS** 

**AND SLAW** 

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DAILY TRAY BAKE SPECIAL FRESH FRUIT AND YOGHURT

MOUSSE AND JELLY



# **WEEK 3** V = VEGETARIAN VE = VEGAN

# BREAKFAST

**POWERBALLS** V

SAVOURY BREAKFAST MUFFIN Bacon / Egg / Veg Sausage VE YOGHURT & GRANOLA V

# MID-MORNING

TANDOORI LOADED NAAN

#### LUNCH

**SPANISH OMELETTE V** 

SAMOSA WITH CURRIED RICE VE

CHICKPEA AND SPINACH CURRY WITH RICE VE

DAILY TRAY BAKE SPECIAL FRESH FRUIT AND YOGHURT **MOUSSE AND JELLY** 

**POWERBALLS** V

**PORRIDGE BAR** V

TOASTED BAGEL V

Plain / Cream Cheese or Melted Cheese

**BREAKFAST HOT POT CINNAMON SWIRL** V

CHICKEN AND FILO PIE WITH MASHED **LOADED NACHOS** 

**POTATOES** 

**VEGAN SAUSAGE CASSEROLE WITH MASHED** 

POTATOES VE

**CARBONARA PIZZA** 

DAILY TRAY BAKE SPECIAL FRESH FRUIT AND YOGHURT

**MOUSSE AND JELLY** 

POWERBALLS V

PORRIDGE BAR V

SAVOURY BREAKFAST MUFFIN

Bacon / Veg sausage VE **BREAKFAST WRAP** 

YOGHURT & GRANOLA V **CINNAMON SWIRL** V

**SLOPPY GIUSEPPE** 

**BEEF MEATBALL BAKE WITH CRISPY** 

**POTATOES** 

**QUORN ROAST FILLET WITH ROAST** POTATOES, STUFFING AND GRAVY VE **BEEF MEATBALL SUB WITH WEDGES** 

VEGAN SWEET POTATO AND GINGER CAKE VE

FRESH FRUIT AND YOGHURT

POWERBALLS V

PORRIDGE BAR V

**TOASTED BAGEL** V

Plain / Cream Cheese / Melted Cheese

BREAKFAST HOT POT CINNAMON SWIRL V

HOT CHICKEN WRAP

PERI PERI CHICKEN WITH SPICY RICE AND

MINTED PEAS

ROASTED VEGETABLE LASAGNE V

**VEGGIE YAKI NOODLES VE** 

DAILY TRAY BAKE SPECIAL FRESH FRUIT AND YOGHURT

MOUSSE AND JELLY

POWERBALLS V

PORRIDGE BAR V

**SAVOURY MUFFIN** 

Egg / Bacon / Vegan Sausage VE

BREAKFAST HOT POT **FULL ENGLISH FRIDAY**  **DIRTY VEGGIE WEDGES V** 

FISH BAR AND CHIPS

LOADED VEGAN SAUSAGE AND CHIPS WITH

**CURRY SAUCE VE** 

LOADED SAUSAGE AND CHIPS WITH CURRY

SAUCE

DAILY TRAY BAKE SPECIAL FRESH FRUIT AND YOGHURT

MOUSSE AND JELLY