**Curriculum Overview for Core PE**

**Year 8**

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| **Term 2: Rotation of Sports**  **Substantive Knowledge:**  Rugby:   * Handling the ball * Picking up the ball * Pop Pass * Gut Pass * Catching * Tackling * Rucking * Offside * Knock on * Forward pass * Attacking line * Defensive line   Badminton:   * Grip * Stance * Serving – backhand and forehand * Body position * Overhead Clear * Overhead Drop shot   Dance:   * The characteristics of different styles of dance through the decades * Know the meaning of the following key words; canon, unison, repetition, addition, formation * How to observe and evaluate a performance   OAA:   * What is OAA? * What is problem solving? * What is verbal and non verbal communication? * Why is this important? * What is trust? * What is empathy? * What is teamwork? * What is leadership? * What are tactics? * What is planning? * Why is planning important? * What is success?   **Disciplinary Knowledge:**  Rugby:   * Pupils to perform skills within drills, conditioned games, small sided game/mini tournaments. * Leadership opportunities * Officiating * Evaluating performance * Communication and teamwork * Selection of pass to meet the demands of a game   Badminton:   * Pupils to perform skills within drills, conditioned games, small sided game/mini tournaments. * Leadership opportunities * Officiating * Evaluating performance * Communication and teamwork * Selection of shot to meet the demands of a game   Dance:   * Pupils to perform skills within rehearsal time and student observation routines. * Pupils demonstrate their knowledge of the different styles of dance through learning and rehearsing a number of different routines. * Leadership/ coaching opportunities. * Evaluating performance. * Communication and teamwork. * Demonstrating rhythm, formations, pathways, canon/unison/ levels and varied timings into a performance.   OAA:   * Pupils will be presented with problems to try and solve * Leadership opportunities * Evaluating performance * Communication and teamwork * Pupils to plan a solution to a problem. * How does problem solving link to everyday life? * Why is it important to analyse a problem? * Why is understanding empathy important when working with others? | Speech | **Rugby:**  Agility Side Step Miss Pass Loop Scissors Maul Off-Side Tower of Power Maul Support play Formation Diagonal line Straight line Narrow Wide Grubber Spiral Drop kick  Up and under |
| Speech | **Badminton:**  Stance  Grip  Forehand  Backhand  Overhead clear  Agility  Movement  Position  Awareness  Ready position  Power  Speed  Underarm |
| Speech | **Dance:**  Rhythm  Motif  Formation  Pathways  Canon  Routine  Levels  Unison  Timings  Rehearsal  Analysis  Addition  Repetition  Charleston  Disco  HipHop |
| Speech | **OAA:**  OAA – Outdoor Adventurous Activities  Problem Solving  Verbal Communication  Non -Verbal Communication  Trust  Empathy  Teamwork  Leadership  Tactics  Analyse  Planning  Success |
| Checklist RTL | Pupils are assessed throughout the unit. Pupils will complete their assessment booklet at the end of each activity which will include a pupil grade and a teacher grade. |