**Curriculum Overview for Core PE**

**Year 8**

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| **Term 2: Rotation of Sports****Substantive Knowledge:**Rugby:* Handling the ball
* Picking up the ball
* Pop Pass
* Gut Pass
* Catching
* Tackling
* Rucking
* Offside
* Knock on
* Forward pass
* Attacking line
* Defensive line

Badminton:* Grip
* Stance
* Serving – backhand and forehand
* Body position
* Overhead Clear
* Overhead Drop shot

Dance:* The characteristics of different styles of dance through the decades
* Know the meaning of the following key words; canon, unison, repetition, addition, formation
* How to observe and evaluate a performance

OAA:* What is OAA?
* What is problem solving?
* What is verbal and non verbal communication?
* Why is this important?
* What is trust?
* What is empathy?
* What is teamwork?
* What is leadership?
* What are tactics?
* What is planning?
* Why is planning important?
* What is success?

**Disciplinary Knowledge:**Rugby:* Pupils to perform skills within drills, conditioned games, small sided game/mini tournaments.
* Leadership opportunities
* Officiating
* Evaluating performance
* Communication and teamwork
* Selection of pass to meet the demands of a game

Badminton:* Pupils to perform skills within drills, conditioned games, small sided game/mini tournaments.
* Leadership opportunities
* Officiating
* Evaluating performance
* Communication and teamwork
* Selection of shot to meet the demands of a game

Dance:* Pupils to perform skills within rehearsal time and student observation routines.
* Pupils demonstrate their knowledge of the different styles of dance through learning and rehearsing a number of different routines.
* Leadership/ coaching opportunities.
* Evaluating performance.
* Communication and teamwork.
* Demonstrating rhythm, formations, pathways, canon/unison/ levels and varied timings into a performance.

OAA:* Pupils will be presented with problems to try and solve
* Leadership opportunities
* Evaluating performance
* Communication and teamwork
* Pupils to plan a solution to a problem.
* How does problem solving link to everyday life?
* Why is it important to analyse a problem?
* Why is understanding empathy important when working with others?
 | Speech | **Rugby:**AgilitySide StepMiss PassLoopScissorsMaulOff-SideTower of PowerMaulSupport playFormationDiagonal lineStraight lineNarrowWideGrubberSpiralDrop kick Up and under |
| Speech | **Badminton:**StanceGripForehandBackhandOverhead clearAgilityMovementPositionAwarenessReady positionPowerSpeedUnderarm |
| Speech | **Dance:**Rhythm MotifFormationPathwaysCanonRoutineLevelsUnisonTimingsRehearsalAnalysisAdditionRepetitionCharlestonDiscoHipHop |
| Speech | **OAA:**OAA – Outdoor Adventurous ActivitiesProblem SolvingVerbal Communication Non -Verbal Communication TrustEmpathyTeamworkLeadershipTacticsAnalysePlanningSuccess |
| Checklist RTL | Pupils are assessed throughout the unit. Pupils will complete their assessment booklet at the end of each activity which will include a pupil grade and a teacher grade. |