**Curriculum Overview for Core PE**

**Year 9**

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| **Half Term 3: Rotation of Sports**  **Substantive Knowledge:**  Football:   * Dribbling at speed and under pressure. * Turning when under pressure. * A range of passing skills in different scenarios. * Decision Making/Keeping possession * Adapting their shooting technique to adjust for movement of ball. * Defending tactics- Jockeying/ directing player * Creating space/ moving into space in larger games. * Using width and depth to develop tactics.   Badminton:   * Serving both high and low to various parts of the court * Overhead clear and drop shot. Building on accuracy from Year 8. * Net shots – lift and drop * Introduction of power and placement * Footwork   Leadership:   * Sports Leadership * Space * Time * Equipment * People * Communication * Organisation * Responsibility * Leadership style – autocratic, democratic, laissez faire   **Disciplinary Knowledge:**  Football:   * Pupils to perform skills within drills, conditioned games, small sided game/mini tournaments. * Leadership opportunities * Officiating * Evaluating performance * Communication and teamwork   Badminton:   * Pupils to perform skills within drills, conditioned games, singles and doubles matches * Leadership opportunities * Officiating * Evaluating performance * Communication and teamwork * Selection of shot to meet the demands of a game   Leadership:   * Pupils will take part in a range of sessions lead by the teacher, which focus on the different areas of leadership * Pupils will lead small parts of sports sessions to their peers * Pupils will plan and deliver a session to lead to the Primary School. | Speech | Football:  Press  Diagonal  Through ball  Cross field  In behind  One- two  Triangles  Drill  Jockey  Direct  Movement  Wings  Away from goal  Space  Attack  defend |
| Speech | Badminton:  Serve  Flick  Lift  Trajectory  Power  Placement  Clear  Drop shot  Movement  Chasse |
| Speech | Sports Leadership:  Space  Time  Equipment  People  Communication  Organisation  Responsibility  Leadership style – autocratic, democratic, laissez faire |
| Checklist RTL | Pupils to have a formal practical assessment at the end of the unit. |