**Curriculum Overview for Core PE**

**Year 9**

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| **Half Term 3: Rotation of Sports****Substantive Knowledge:**Football:* Dribbling at speed and under pressure.
* Turning when under pressure.
* A range of passing skills in different scenarios.
* Decision Making/Keeping possession
* Adapting their shooting technique to adjust for movement of ball.
* Defending tactics- Jockeying/ directing player
* Creating space/ moving into space in larger games.
* Using width and depth to develop tactics.

Badminton:* Serving both high and low to various parts of the court
* Overhead clear and drop shot. Building on accuracy from Year 8.
* Net shots – lift and drop
* Introduction of power and placement
* Footwork

Leadership:* Sports Leadership
* Space
* Time
* Equipment
* People
* Communication
* Organisation
* Responsibility
* Leadership style – autocratic, democratic, laissez faire

**Disciplinary Knowledge:**Football:* Pupils to perform skills within drills, conditioned games, small sided game/mini tournaments.
* Leadership opportunities
* Officiating
* Evaluating performance
* Communication and teamwork

Badminton:* Pupils to perform skills within drills, conditioned games, singles and doubles matches
* Leadership opportunities
* Officiating
* Evaluating performance
* Communication and teamwork
* Selection of shot to meet the demands of a game

Leadership:* Pupils will take part in a range of sessions lead by the teacher, which focus on the different areas of leadership
* Pupils will lead small parts of sports sessions to their peers
* Pupils will plan and deliver a session to lead to the Primary School.
 | Speech | Football:PressDiagonalThrough ballCross fieldIn behindOne- twoTrianglesDrillJockeyDirectMovementWingsAway from goalSpaceAttackdefend |
| Speech | Badminton:ServeFlickLiftTrajectoryPowerPlacementClearDrop shotMovementChasse |
| Speech | Sports Leadership:SpaceTimeEquipmentPeopleCommunicationOrganisationResponsibilityLeadership style – autocratic, democratic, laissez faire |
| Checklist RTL | Pupils to have a formal practical assessment at the end of the unit. |