



Curriculum Overview for Personal Development Year 10

Half Term 1: Work Experience & Managing MyHealthSubstantive Knowledge:What are skillsWhat are valuesWhat are valuesWhat are interestsWhat are work stylesDifferent work experience placementsCorrect protocols for health and safetyHow to make the most out of going on workexperienceCoals for work experience	Key words explicitly taught and reinforced But, because, so Modelling to unpick source information Skim reading Reading comprehension Discussion of big picture questions
Goals for work experience How to email an employer How to contact an employer over the phone Examples of physical health recommendations Reasons why people do not meet physical guidance What a public health awareness campaign is Steps involved in a primary survey Essential first aid techniques Symptoms of meningitis and strokes The effects of meningitis and strokes Adaptations needed after someone has had a stroke Risks involved with drugs and alcohol Key emergency techniques Process when you call 999	Work ExperienceInterestsProtocolsSafetyContactEmployersPhysicalHealthUnresponsiveAEDMeningitisStrokeRiskRecoveryIpsative assessment
Disciplinary Knowledge: Analyse data (graphs and tables) Analyse sources Using evidence to make informed decision Reading comprehension Developing and sustaining argument Drawing upon empathy to argue both sides Evaluating significance	Work experience placement Ipsative assessment Work experience placement Ipsative sheet

Half Term 2: Managing My Health Substantive Knowledge: Laws on vaping Benefits and disadvantages to vaping Issues surrounding banning vaping		Key words explicitly taught and reinforced But, because, so Modelling to unpick source information Skim reading	
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		Wider links to the world and div
What cancer is		Reading comprehension
Misconceptions surrounding cancer		Discussion of big picture
How cancer can be prevented		questions
Treatments available for cancer		
Symptoms of cancer		
How to self-examine for cancer		Vape
Different cancer screenings		Nicotine
Parts of the body that can be donated		Cancer
Why people require transplants/donation		Treatment
Laws on organ donation		LUMPS
What support is offered by different		Screening
health professionals		Donation
		Stem Cell
Disciplinary Knowledge:		Services
Analyse data (graphs and tables)		Ipsative assessment
Analyse sources		
Using evidence to make informed decision	=>	
Reading comprehension		
Developing and sustaining argument		
Drawing upon empathy to argue both		Quiz
sides		Ipsative Sheet
Evaluating significance		F 2
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