









Curriculum Overview for Personal Development Year 9

<p>Half Term 1: Managing My Health and Drugs and Dilemmas Substantive Knowledge: What is mental health Misconceptions about mental health Inclusive alternatives to common phrases linked to mental health Positive and negative effects of social media Why people share images online Managing the impact of social media Misconceptions about unhealthy coping strategies Warning signs of eating disorders Sources of support Ways people grieve Five stages of grief Support for grief What is resilience Factors that affect resilience Strategies to persevere Helpfulness of coping strategies What body image is Attributes that are socially desirable How body ideals change through time Why people edit selfies Themes promoted by health magazines Strategies to raise awareness of image editing</p>		<p>Key words explicitly taught and reinforced But, because, so Modelling to unpick source information Skim reading Reading comprehension Discussion of big picture questions</p>
<p>Disciplinary Knowledge: Analyse data (graphs and tables) Analyse sources Using evidence to make informed decision Reading comprehension Developing and sustaining argument Drawing upon empathy to argue both sides Evaluating significance</p>		<p>Mental Health Social Media Strategies Disorders Grief Behavioural Resilience Coping Body Image Aesthetic Appearance</p>
		<p>Ipsative assessment</p>
		<p>Article Ipsative sheet</p>

<p>Half Term 2: Drugs and Dilemmas Substantive Knowledge: Classifications of drugs How drug use affects others Effects of drugs</p>		<p>Key words explicitly taught and reinforced But, because, so Modelling to unpick source information Skim reading</p>
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<p>How often teenagers use drugs Why people use drugs Consequences of using drugs Strategies for managing peer pressure of drugs</p>		<p>Reading comprehension Discussion of big picture questions</p>
<p>Benefits and disadvantages of amending drug laws The different ways to use steroids Effects of steroid use Why people use steroids Examples of drug offences Law on drugs Legal punishments for drug offences Factors that affect the effects of drugs How to manage safety when others take drugs Consequences of a drugs conviction Examples of common addictions Indicators of addiction Steps to follow to overcome addiction</p>		<p>Drug Physiological Psychological Consumption Steroids Hormone Possession Supply Production Set Setting Addiction Contemplation</p>
<p>Disciplinary Knowledge:</p>		<p>End of unit assessment Ipsative assessment</p>
<p>Analyse data (graphs and tables) Analyse sources Using evidence to make informed decision Reading comprehension Developing and sustaining argument Drawing upon empathy to argue both sides Evaluating significance</p>		<p>Revision Ipsative Sheet</p>