



# TENBURY HIGH

## ORMISTON ACADEMY

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[OAT]  
Ormiston Academies Trust  
AN OAT ACADEMY



A Specialist Science and  
Mathematics College

### Physical Education Department Key information

#### **Curriculum:**

Students at THOA will take part in 2 activities/sports in each half term. This will enable them to try a range of activities/sports from different sporting disciplines in the hope that they can experience new things and make lots of progress. We would love students to leave Tenbury having fallen in love with at least one sporting activity. We will release the finalised curriculum once it's completed as it is currently subject to change.

We understand that some students won't enjoy all aspects of the curriculum. We just ask that they bring the correct PE kit, work hard and give everything a go.

#### **Assessment:**

Students at THOA will receive a score out of 25 for each activity they take part in. Teacher assessment occurs in all lessons but there will be time allocated at the end of each activity block where students record their progress and get given their formal assessment grade; this will be documented on their end of term report and inline with the whole school reporting strategy as a percentage.

We emphasise personal progress to all students. We do not focus on 'elite' students. We want all students to make lots of progress.

#### **Kit**

Students will be required to wear the agreed THOA PE kit as per school policy. This consists of a black THOA Technical T shirt, a black THOA mid layer top, either black shorts or leggings and black football socks. Students are allowed to wear trainer socks if they are wearing leggings.

Students are no longer permitted to wear black or white ankle/sports socks in a PE lesson. We want to make sure that students don't have wet socks on for the rest of the day hence the changing to and from football socks. The changing of socks also reduces the chance of students catching or developing athletes' foot. We are trying to make the organisation of kit more simple by making it more clear regarding which socks to wear.

In line with the PE national agenda, THOA has reduced the amount of compulsory branded PE kit. This is so that kit is more affordable. Students are now permitted to wear non branded black shorts and black football socks.

We have tried to plan the curriculum activities so that we will be inside during the colder months. However, there may be instances that we are forced outside due to external factors such as mock exams. If we are outside students are permitted to wear non-THOA items of clothing underneath their THOA kit. We suggest lots of thinner layers if required such as base layers. They can also wear thermal hats and gloves if the weather is exceptionally cold.

Students are required to have boots as well as trainers. Students are expected to bring a change of trainers to school as they are not permitted to wear their black 'shoes' for PE lessons. This is to ensure that no dirt etc is brought into the sports hall.

We understand that PE kit is very expensive. If you feel that you need some assistance with the purchasing of kit then please do not hesitate to contact us. We also operate a boot swap system in school. This enables students to bring in their old boots that no longer fit in exchange for a pair that has previously been donated.



### **Jewellery**

All jewellery needs to be removed before the lesson starts. We do not want students putting any kind of tape over piercings as it can lead to students ripping piercings out. The removal of jewellery is purely a health and safety measure.

### **Changing**

Students are given 5 minutes to get changed for their lesson. This is to ensure that students change quickly, which means learning time is maximised. PE staff have a legal obligation to be in the changing room to ensure students are safe at all times. If some students take a long time getting changed it will result in others being left unsupervised which could pose a safeguarding risk. If students are concerned about not being able to get changed then please let us know. There are some time saving solutions that we can support with (please see the FAQ section for further information).

### **Behaviour**

Due to the practical nature of PE lessons, we must ensure that all students are safe at all times. The schools behaviour policy is followed in PE but exceptions can be made if a student's behaviour is deemed unsafe.

### **Extra curriculum**

At THOA, we aim to provide students with a variety of extra curriculum clubs, to assist in enhancing their skill levels and knowledge. We strongly encourage students to attend as many of these clubs as possible. This half term we are offering 7 different activities for the students to sign up to across the week, with the exception of Tuesday which is allocated to staff training. The extra-curricular clubs will run from 3.15pm until 4:20pm. Students will be registered and escorted off site at the end of the club. It will be the student's responsibility to ensure they have suitable travel arrangements in place when attending any extra curricular clubs.

### **Gifted and talented**

We love celebrating students sporting success at THOA. Please get in touch if you have any news or updates about your child's sporting achievements. If they are a budding mountain biker, horse rider, climber please let us know! We want to tell everyone how brilliant they are.

### **FAQs**

#### ***What do I do if my child is injured and can't participate in PE fully?***

Please send your child to school with their full PE kit and a note to explain their injury. Please do not email or call in as we may not receive the message in time.

#### ***What do I do if my child is injured and unable to get changed (serious injuries)?***

Please send a note to explain the injury and our PE staff will still get them involved in a role within the lesson.

#### ***What do I do if my child is ill/unwell (menstrual related issues)?***

We understand this can cause concerns for our students. We would however encourage all students to give things a go as physical activity can improve how we feel. But in severe circumstances we will always to our utmost to support our students.

#### ***What do I do if I am unsure of what kit my child needs?***

Students will have been told what kit they need by their teacher. However, if you are still unsure the easiest solution is to send them with all their kit.

***What do I do if I am worried about my child not being able to get changed in 5 minutes?***

Please do not worry. This time limit is more of a guide to ensure students make the effort to get changed. A student will only be reprimanded if they take an excessive amount of time. There are also some easy support methods that can be used to assist such as sending them to school with their football socks on. Removing all jewellery on days when your child has PE also helps save time. As does students tying their hair up on days when they have PE.

***How do I sign my child up to extra curricular clubs?***

All clubs should be on Edulink. Your child can sign up there.

***What do I do if I can't afford to buy my child the relevant kit?***

Please do not worry. We can help. So just drop us an email.

***What do I do if my child can't remove their earrings etc?***

Please try your best to avoid this situation by getting piercings at the start of the summer holiday. If there is still an issue then the wearing of rubber spacer earrings may be worn as a compromise.