




## Curriculum Overview for Personal Development Year 10

<p><b>Half Term 1: Work Experience &amp; Managing My Health</b></p> <p><b>Substantive Knowledge:</b></p> <p>What are skills What are values What are interests What are work styles Different work experience placements Correct protocols for health and safety How to make the most out of going on work experience Goals for work experience How to email an employer How to contact an employer over the phone Examples of physical health recommendations Reasons why people do not meet physical guidance What a public health awareness campaign is Steps involved in a primary survey Essential first aid techniques Symptoms of meningitis and strokes The effects of meningitis and strokes Adaptations needed after someone has had a stroke Risks involved with drugs and alcohol Key emergency techniques Process when you call 999</p> <p><b>Disciplinary Knowledge:</b></p> <p>Analyse data (graphs and tables) Analyse sources Using evidence to make informed decision Reading comprehension Developing and sustaining argument Drawing upon empathy to argue both sides Evaluating significance</p>		Key words explicitly taught and reinforced But, because, so Modelling to unpick source information Skim reading Reading comprehension Discussion of big picture questions
		Work Experience Interests Protocols Safety Contact Employers Physical Health Unresponsive AED Meningitis Stroke Risk Recovery
		Ipsative assessment
		Work experience placement Ipsative sheet

<p><b>Half Term 2: Managing My Health</b></p> <p><b>Substantive Knowledge:</b></p> <p>Laws on vaping Benefits and disadvantages to vaping Issues surrounding banning vaping</p>		Key words explicitly taught and reinforced But, because, so Modelling to unpick source information Skim reading
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<p>What cancer is Misconceptions surrounding cancer How cancer can be prevented Treatments available for cancer Symptoms of cancer</p>		<p>Reading comprehension Discussion of big picture questions</p>
<p>How to self-examine for cancer Different cancer screenings Parts of the body that can be donated Why people require transplants/donation Laws on organ donation What support is offered by different health professionals</p>		<p>Vape Nicotine Cancer Treatment LUMPS Screening Donation Stem Cell Services</p>
<p><b>Disciplinary Knowledge:</b> Analyse data (graphs and tables) Analyse sources Using evidence to make informed decision Reading comprehension Developing and sustaining argument Drawing upon empathy to argue both sides</p>		<p>Ipsative assessment</p>
<p>Evaluating significance</p>		<p>Quiz Ipsative Sheet</p>