



## Curriculum Overview for Personal Development Year 11

Half Term 1: My Next Steps and Resilience		Key words explicitly taught and
& Readiness		reinforced
		But, because, so
Substantive Knowledge:		Modelling to unpick source
Post-16 options		information
Differences between post-16 options		Skim reading
Actions to take for post-16 options		Reading comprehension
Key skills required for the 21st century job		Discussion of big picture
market		questions
Potential effects of changes in the labour		Options
market		Decision making
Future job trends effects What is a CV		Skill Quality
		CV
What makes a poor and excellent CV		Knowledge
What are employers looking for in a CV		Interview
How to effectively prepare for an interview How to behave in an interview		Stress
Common causes of stress		Stressor
Effects of stress		Disappointment
Stress management strategies		Performance
Common causes of disappointment		Recreational
Potential responses to disappointing		Ipsative assessment
situations		
Advice to give when managing		
disappointment	<b>—</b> •	
How external factors can affect exam	<b>— *</b>	
performance		
How to create a personalised time		Careers calendar
management plan		CV
Stress and anxiety management strategies		Ipsative sheet
, , , , , , , , , , , , , , , , , , , ,		
Disciplinary Knowledge:		
Analyse data (graphs and tables)		
Analyse sources		
Using evidence to make informed decision		
Reading comprehension		
Developing and sustaining argument		
Drawing upon empathy to argue both		
sides		
Evaluating significance		
		1

## Half Term 2: Relationship Realities

## Substantive Knowledge:

Why content may be classed as pornographic English laws around pornography



Key words explicitly taught and reinforced But, because, so Modelling to unpick source information Skim reading





	Wider links to the world and div
Effects of viewing pornography Potential factors leading to a break-up Appropriate break-up etiquette Potential reactions to break-ups Examples of stalking behaviours English laws around stalking Methods to deal with stalking Services offered by sexual health clinics Location of nearby sexual health clinics How to access sexual health support <b>Disciplinary Knowledge:</b> Analyse data (graphs and tables) Analyse sources Using evidence to make informed decision Reading comprehension Developing and sustaining argument Drawing upon empathy to argue both sides Evaluating significance	Reading comprehension Discussion of big picture questions
	Pornography   Etiquette   Behaviour   Stalking   Services   Clinic   Ipsative assessment
	Career calendar Ipsative Sheet