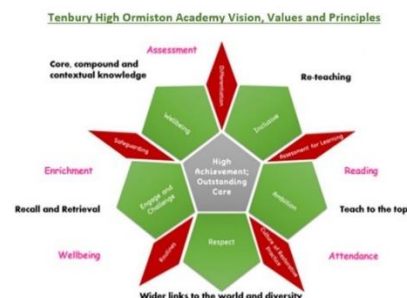


Curriculum Overview for Personal Development Year 7

<p>Half Term 3: My Body</p> <p>Substantive Knowledge: Popular beliefs about health Factors that affect our health Influences that affect our health Health concerns in the local area Physical effects of increased screen time Benefits and harms of excess screen time Recommended sleep times for different ages Physical and mental benefits of sleep Strategies to improve sleep patterns Key organs within reproductive systems How puberty takes place Why puberty takes place How bodies change throughout puberty Examples of emotional effects of puberty Strategies for managing emotions during puberty</p> <p>Disciplinary Knowledge: Literacy skills Analytical skills Source analysis Reading comprehension Developing and sustaining argument Empathy Evaluating significance</p>		Key words explicitly taught and reinforced But, because, so Modelling to unpick source information Skim reading Reading comprehension Discussion of big picture questions
		Health Disease Screen Time Effects Sleep Deprivation Puberty Hormone Emotion
		Ipsative assessment
		Ipsative Sheet

<p>Half Term 4: My Body</p> <p>Substantive Knowledge: How a vaping work</p>		Key words explicitly taught and reinforced But, because, so
----------------------------------------------------------------------------------------------------------	--	----------------------------------------------------------------



<p>Effects of nicotine Response to peer pressure around vaping Way of maintaining dental hygiene Types of dental treatment Dental hygiene routines Importance of maintaining hygiene Different items used to maintain hygiene Strategies for hygiene management Process of menstruation Examples of menstruation products How to manage periods</p> <p>Disciplinary Knowledge: Literacy skills Analytical skills Source analysis Reading comprehension Developing and sustaining argument Empathy Evaluating significance</p>		<p>Modelling to unpick source information Skim reading Reading comprehension Discussion of big picture questions</p>
		<p>Tobacco Nicotine Tartar Veneers Antiperspirant Maintaining Menstruation</p>
		<p>Ipsative assessment</p>
		<p>Ipsative Sheet</p>