



Curriculum Overview for Personal Development Year 8

Half Term 3: Drink & Drugs	Key words explicitly taught and reinforced
Substantive Knowledge: Physical effects of caffeine on the body Drinks that contain caffeine Potential restrictions on the sale of energy drinks How to access different types of medicines How to safely consume medicines	But, because, so Modelling to unpick source information Skim reading Reading comprehension Discussion of big picture questions
Key information about prescription drugs How units are calculated NHS guidelines about alcohol consumption Physical effects of alcohol on the body Attitudes towards alcohol on the body Attitudes towards alcohol consumption Accuracy of common beliefs about alcohol Potential risks of drinking alcohol How drinking affects relationships Laws surrounding alcohol in England and Wales Social expectations around drinking alcohol	Caffeine Medicine Prescription Unit Alcohol Inhibitions Social Consumption Law Ipsative assessment
Managing peer pressure around alcohol	
Disciplinary Knowledge: Literacy skills Analytical skills Source analysis Reading comprehension Developing and sustaining argument Empathy Evaluating significance	Ipsative Assessment





	Wider links to the world
Half Term 4: Keeping Healthy	Key words explicitly taught and reinforced
Cubstanting Knowledge	
Substantive Knowledge:	But, because, so
Potential triggers of common health	Modelling to unpick source
conditions	information
Possible symptoms of these conditions	Skim reading
Appropriate steps to take in providing	Reading comprehension
first aid	Discussion of big picture
Causes of common household accidents	questions
Errors people my make when giving first	
aid	Asthma
Steps involved in a primary survey	Allergy
How to put someone in the recovery	Bleeding
position	Burn
How to perform CPR	Scald
Common causes of diseases	Choking
Potential effects of antibiotic misuse	Unresponsive
Methods of reducing antibiotic resistance	Disease
Examples of vaccinations	Antibiotic
Reasons for and against vaccinations	Vaccine
Common misconceptions of vaccinations	Ipsative assessment
Disciplinary Knowledge:	_ ~
Literacy skills	
Analytical skills	
Source analysis	Ipsative Assessment
Reading comprehension	
Developing and sustaining argument	
Empathy	
Evaluating significance	