



Curriculum Overview for Core PE

Year 11

Half Term 2: Rotation of Sports Substantive Knowledge: Basketball: - Types of passes - Lay up - Dribbling techniques - What is the triple threat? - What is double dribble? - What is travel? - What is a rebound? - How to dribble the ball. - Understanding the concept of space - What is a set shot? - How to officiate? - How to use weaker hand in a lay up? - Understanding of positions. Table tennis: - Grip - Stance/ready position - What is a forehand push? - What is a backhand push? - How to serve. - What is a rally? - What is a Forehand Drive? - Attacking and defensive shots. - Difference between singles and doubles - What is a backhand slice? - What is depth of shot? - What is top, side and back spin? - What are tactics? - Understanding an opponents weakness. Disciplinary Knowledge: Basketball: - Pupils to perform skills within drills, conditioned games, small sided games/mini tournaments. - Leadership opportunities - Officiating - Communication and teamwork - Selection of pass to meet the demands of a game		Basketball: Chest pass Bounce pass Shoulder pass Lay up Triple Threat Drive Guarding Personal foul Turnover Travel Rebound Dribble Space Set shot Officiate Centre, shooting guard, point guard, small forward, power forward Table Tennis: Rally Forehand Backhand Push Drive Variation Accuracy Serve Attack Defence Singles/doubles Backhand slice Depth Top, side and back spin Tactics Weakness Pupils will be assessed throughout the unit based on their effort and attitude to learning. A formal assessment will be completed at the end of the unit.
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Table Tennis: - Pupils to perform skills within drills, conditioned games, single/paired sided games/mini tournaments. - Leadership opportunities - Officiating - Communication and teamwork - Selection of shot to meet the demands of a game		
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