



Curriculum Overview for Core PE Year 9

<u>Half Term 2: Rotation of Sports</u> Substantive Knowledge: Basketball: - Types of passes - Lay up - Dribbling techniques - What is the triple threat? - What is double dribble? - What is travel? - What is a rebound? - How to dribble the ball. - Understanding the concept of space - What is a set shot? Table tennis: - Grip - Stance/ready position - What is a forehand push? - What is a backhand push? - How to serve. - What is a rally? - What is a Forehand Drive? - Attacking and defensive shots. - Difference between singles and doubles - What is a backhand slice? - What is depth of shot?		Basketball: Chest pass Bounce pass Shoulder pass Lay up Triple Threat Drive Guarding Personal foul Turnover Travel Rebound Dribble Space Set shot
Disciplinary Knowledge: Basketball: - Pupils to perform skills within drills, conditioned games, small sided games/mini tournaments. - Leadership opportunities - Officiating - Communication and teamwork - Selection of pass to meet the demands of a game		Table Tennis: Rally Forehand Backhand Push Drive Variation Accuracy Serve Attack Defence Singles/doubles Backhand slice Depth
Table Tennis: - Pupils to perform skills within drills, conditioned games, single/paired sided games/mini tournaments. - Leadership opportunities - Officiating - Communication and teamwork - Selection of shot to meet the demands of a game		Pupils will be assessed throughout the unit based on their effort and attitude to learning. A formal assessment will be completed at the end of the unit.