

Worcestershire cost of living support

A quick guide for parents and carers

Families across Worcestershire can access a wide range of support with food, energy, finances, wellbeing and holiday activities. Below are some schemes and organisations who may be able to offer support.

Worcestershire County Council – Cost of Living Support

General information on sources of support with cost of living is available on [Worcestershire County Council's website](#).

Holiday Activities and Food (HAF) Programme

For more information visit the [HAF pages on the Worcestershire County Council webpages](#).

Worcestershire County Council – Crisis and Resilience Fund

General information, and updates on schemes will be on [Worcestershire County Council's website](#).

Free, confidential, cost-of-living advice is available via the [Worcestershire Advice Network partners](#).

For low income families that rely on oil or LPG to heat their homes, refer to [Act on Energy](#).

For low income families, support is available with broken or faulty heating systems, via [Act on Energy](#).

Energy

Act on Energy -

www.actonenergy.org.uk/area/worcestershire

District Council Support

Information on support from District Councils is available on their websites:

Bromsgrove District Council

- [Your Services Working Together For You](#)
- [Essential Living Fund](#)

Malvern Hills District Council

- [Support and advice](#)

Redditch Borough Council

- [Your Services Working Together For You](#)
- [Essential Living Fund](#)

Worcester City Council

- [Support with the cost of living crisis](#)
- [Discretionary Welfare Assistance Scheme](#)

Wychavon District Council

- [Cost of living support](#)
- [Exceptional Hardship Fund](#)

Wyre Forest District Council

- [Financial support](#)
- [Welfare support scheme](#)

Food

Apply for Free School Meals - [Worcestershire County Council](#)

Tesco offered free fruit for kids in store from 27 April to 31 May 2026 and will continue the initiative across school holidays for the rest of 2026 (excluding December) - [Free Fruit and Veg for Schools](#)

Other supermarkets may offer similar schemes.

Trussell Trust

- [Find a food bank](#)

Independent Food Bank Network

- [Our Members](#)

Community Fridges

- [Community Fridge - Worcestershire County Council](#)
- [Community Fridge Network - Hubbub](#)

Tips to reduce food waste, save money and help the planet - [FoodSavvy - Worcestershire County Council](#)

Healthy Start: food and vitamin support. If you are more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk as part of the Healthy Start Government Scheme - [Healthy Start: food and vitamin support - Worcestershire County Council](#)

Family Hubs

Information about Family Hubs - [Worcestershire County Council](#)

Worcestershire County Council - Community Services Directory

You can search for organisations that support with health and wellbeing on the [Community Services Directory](#).