



TENBURYHIGH

ORMISTON ACADEMY

Oldwood Road, Tenbury Wells
Worcestershire WR15 8XA
Tel: 01584 810304
Email: admin@tenburyhigh.co.uk

Principal: Mrs V Dean
Vice Principal: Mrs D Wall
Assistant Principal: Mr A Wilks



October 2026

Dear Parents / Carers

Personal Development Topics – Autumn 2

The information below outlines the current Personal Development knowledge being studied by each year group.

The intent of the Personal Development curriculum is to equip pupils with the knowledge, understanding, and practical skills required to lead safe, healthy, productive, and fulfilling lives. Our Personal Development curriculum includes the statutory curriculum content of the [Relationships, Sex Education \(RSE\) and Health Education](#) guidance from the Department for Education and [Citizenship subject content](#) from the National Curriculum.

By sharing details of the content your child is currently studying, we hope to support meaningful discussions at home, provide an opportunity to raise any questions about upcoming topics with the school, and help you prepare your child for the learning ahead, should you feel this is necessary.

Year 7

- Continuing the *Relationships with others* unit with a focus on bullying, including cyberbullying and how to respond to bullying.
- In response to emerging trends within THOA, we are bringing forward a lesson learning about the science of the menstrual cycle and different strategies of managing a period.
- Starting the *Equality and discrimination* unit, looking at the protected characteristics under the Equality Act (2010) and stereotypes.

Year 8

- Continuing the *Consent and trust* unit looking at healthy romantic relationships and commitment.
- Starting the *Drugs, gangs and extremism* unit, which addresses issues such as grooming, county lines, gangs, knife crime, extremism and hate crimes.



Year 9

- Continuing the *Money matters* unit looking at consumer rights and the harmful effects of gambling.
- Starting the *Potential harm in relationships* unit, which includes looking at communication in relationships, managing pressure in relationships, online behaviour, domestic abuse and what people may think about having sex for the first time.

Year 10

- Continuing the *Human rights* unit looking at so-called honour based abuse and violence and violence against women, including female genital mutilation, virginity testing and hymenoplasty.
- Starting the *Major health conditions* unit looking at meningitis, strokes, sepsis, nicotine, the risks of taking drugs and drinking alcohol (including being spiked), cancer, self-examination, organ donation, blood donation and stem-cell donation.

Year 11

- During the mock exams, Personal Development lessons will be used for independent revision.
- Following the mock exams, Year 11 will continue the *Preparing to vote* unit looking at other voting systems used in elections and investigating democracy in the UK.
- Starting the *Adult relationships* unit, which looks at the law around pornography in the UK, the harmful effects of pornography, how to maturely end a relationship, stalking, what going too far in a relationship might look like and support services and sexual health services.

If you require any further information about the forthcoming content or have any concerns, you can find more information about our Personal Development in our RSHE policy available on the school website:

<https://tenburyhighormistonacademy.co.uk/key-info/policies>. You can view more information about the Half Term 2 PD curriculum on our website:

<https://tenburyhighormistonacademy.co.uk/curriculum/subjects/personal-development> If these documents do not answer your questions, please do not hesitate to contact me on hwatts@tenburyhigh.co.uk.

Yours sincerely,



Mr H Watts
PSHE and Citizenship Lead